



MEDIA RELEASE

The Corporation of the City of Oshawa

For Immediate Release

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Oshawa Lifesaver wins Age Category at 2008 TYR Ontario Junior Lifeguard Games

OSHAWA – Oshawa resident, Aaron Sprague finished as the overall champion in the male, nine and under age category at the 2008 TYR Ontario Junior Lifeguard Games on Saturday, June 7, 2008. There were 76 competitors from seven clubs across Ontario competing at the Ontario Junior Lifeguard Games.

Competing against nine other competitors in his age category, Sprague placed first in the Lifesaving Medley, with a time of 2:26.25. Sprague also had some very close second place finishes placing just three seconds behind first place in the in the Tow with Fins and just a fraction of a second behind in the Obstacle Swim. Sprague came away with another second place finish in the Throwing Accuracy event and a third place finish in the Manikin Support event.

Sprague has been training at Donevan Recreation Complex with the Oshawa Lifesaving Club, a program offered through the City of Oshawa Recreation & Culture Services. The Lifesaving Club is designed for children eight years of age and older who are interested in putting lifesaving skills and physical fitness together in competition.

“What a remarkable achievement for Aaron Sprague. Once again Oshawa is in the spotlight because of the positive contributions of one of its residents. Well done”, praised Councillor Joe Kolodzie.

The Oshawa Lifesaving Club season will begin again in September and is open to all youth eight years of age and over who can comfortably swim 50 meters and tread water for one minute.

The next Junior Lifeguard program competition for the Junior Lifeguard Club is the Waterfront Junior Lifeguard Games are being held on August 10, 2008 at Woodbine Beach in Toronto.

For information on the Oshawa Lifesaving Club program visit www.oshawa.ca.

Contact:

Councillor Joe Kolodzie
Chair, Community Services Committee
City of Oshawa
905-436-5612
jkolodzie@oshawa.ca

Stan Bertoia
Commissioner, Community Services
City of Oshawa
905-436-5636 ext. 2820
sbertoia@oshawa.ca

Mary Creighton
Director, Recreation & Culture Services
City of Oshawa
905-436-5636 ext. 5643
mcreighton@oshawa.ca

www.oshawa.ca